

ORTHOPAEDIC



# EC3D ORTHO- PAEDIC

## NEW COLLECTION

Compression Orthopaedic Sock and Sleeves

20-30 mmHg



**QSD** INC

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**FDA APPROVED**  
Registration #3005687919  
Owner Operator #9085802

MADE IN CANADA



# COPPER COLLECTION



## COPPER INFUSED FIBERS

More than just reducing odor and symptoms caused by bacteria and fungus, the copper infused fibers enhance the appearance of skin texture, tone and skin wellness.

## DIAMOND COPPER



**EC810C** Regular Version

**EC811S**



Short Version also offered:  
16" height or less

### Content

55% Cutec (Copper)  
20% Polyamide  
15% Elastane  
10% Sorbtek

Calibrated Compression

**20-30 mmHg**



COP

Provides therapeutic pressure to help improve blood circulation

Increases muscle stability and coordination

Helps prevent varicose veins

Reduces inflammation and leg fatigue

Designed with copper infused fibres to help manage venous leg and foot ulcers

Energize tired feet and legs with the Diamond Copper Compression Socks. The secret is the fusion of two technologies; graduated compression and copper infused fibers. Help relieve discomfort and pain caused by athlete's foot and leg/foot ulcers. Contains antimicrobials that naturally eliminate odors and symptoms caused by bacteria and fungus. Made of breathable and comfortable material that helps to improve the appearance and texture of the skin. Perfect for everyday use.

# PRIMARY COPPER COMPRESSION SOCKS

Content

55% Cutec (Copper)

30% Polyamide

15% Elastane

Calibrated Compression

**20-30 mmHg**



## PRIMARY COPPER EC820C



COP

Offered in long version (L)  
and in short version (S)

Provides therapeutic pressure to help improve blood circulation

Increases muscle stability and coordination

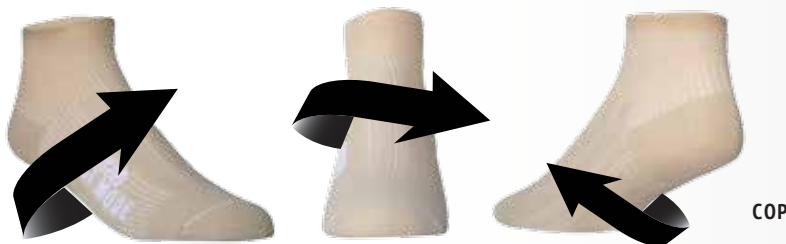
Helps prevent varicose veins

Reduces inflammation and leg fatigue

Designed with copper infused fibres to help manage venous leg and foot ulcers

The Primary Copper sock is perfect for relieving swollen ankles and feet. Made with a copper fiber that absorbs moisture, reduces odor and bacteria formation. Improves the appearance and texture of the skin. It helps relieve the symptoms of varicose veins and excess fluid retention. Assists in the healing of open wounds for patients with venous insufficiency. Specific left / right sock maximizes compression efficiency. Targeted heel and toe padding to protect feet from friction. Also available in two sizes; regular and short (12"-15"). Perfect for everyday use.

## PRIMARY COPPER TWIST EC822B



COP

Adjustable arch support

Helps reduce pain, cramps and inflammation of the foot

Helps treat plantar fasciitis

Helps improve posture

Copper fiber designed to aid in the healing of venous ulcers of the foot

The Ankle Primary Copper Twist is the only stocking on the market that offers the possibility of rotation (twist) to the arch of the foot, it helps to correct the slight deviations of the foot (supination or pronation). In addition to relieving the pains associated with plantar fasciitis, it improves posture and proprioception of the foot. Made with copper fibers, it helps reduce symptoms caused by bacteria and fungus, improving the appearance and texture of the skin. Its soft, elastic and sophisticated finish provides unparalleled comfort. Perfect for everyday use.

# NEW COMPRESSION SOCKS

INDUSTRY-FIRST

## The easiest compression sock to put on

## No assistance needed !



Provides therapeutic pressure to help improve blood circulation

Increases muscle stability and coordination

Helps prevent varicose veins

Reduces inflammation and leg fatigue

Designed with copper infused fibres to help manage venous leg and foot ulcers

## TWIST N' GO

EC850C

*Content*

25% Cutec (Copper)

60% Nylon

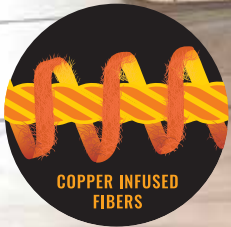
15% Elastane

Calibrated Compression

**20-30 mmHg**



**NEW**



# COPPER COMPRESSION ANKLE SOCK CG906A



*Content*  
50% Polyamide  
35% Cutec  
15% Elastane

*Calibrated Compression*  
**20-25 mmHg**



Help prevent and heal: fungus, athlete's foot and blisters

Helps prevent varicose veins

Reduces foot inflammation

Support the arch of the foot

Seamless toe for maximum comfort

Designed with copper infused fibres to help manage venous leg and foot ulcers

# CITY COPPER EC860C



*Content*  
25% Cutec (Copper)  
60% Nylon  
15% Elastane

*Calibrated Compression*  
**20-30 mmHg**

Provides therapeutic pressure to help improve venous return

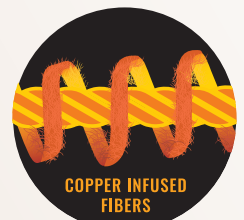
Increases muscle stability and coordination

Helps prevent varicose veins

Reduces inflammation and leg fatigue



**NEW**





Provides therapeutic pressure to help improve blood circulation

Increases muscle stability and coordination

Helps prevent varicose veins

Reduces inflammation and leg fatigue

Energize tired feet and legs with the Diamond Copper Compression Socks. The secret is the fusion of two technologies; graduated compression and copper infused fibers. Help relieve discomfort and pain caused by athlete's foot and leg/foot ulcers.

Contains antimicrobials that naturally eliminate odors and symptoms caused by bacteria and fungus. Made of breathable and comfortable material that helps to improve the appearance and texture of the skin. Perfect for everyday use.

## INFINITY EC830C

Content

**85% Polyamide**




**15% Elastane**

Calibrated Compression

**20-30 mmHg**



### Size Chart for orthopaedic compression socks

 ANKLE MEASUREMENTS	7 po-8,5po (18-21,5cm)		8,5 po-10po (21,5-25,5cm)		10 po-11.5po (25,5-29cm)		11,5 po-14po (29-36cm)	
	11po-15,5po (28-39cm)		12,5po-17,5po (31,1-45cm)		14po-20po (35,5-51cm)		16po-24po (41-61cm)	
 CALF MEASUREMENTS	Short	Long	Short	Long	Short	Long	Short	Long
	< 16po (41cm)	> 16po (41cm)	< 16po (41cm)	> 16po (41cm)	< 16po (41cm)	> 16po (41cm)	< 16po (41cm)	> 16po (41cm)
 CALF LENGTH	2S	2L	3S	3L	4S	4L	5S	5L
	GRANDEURS							

### For the ankle socks ( EC822S )

	2S	3S	4S	5S
<b>N MEN</b> US [Shoe size]	6-7	7-9	9,5-11,5	12+
<b>P WOMEN</b> US [Shoe size]	6-8	8-10	10-12	13+

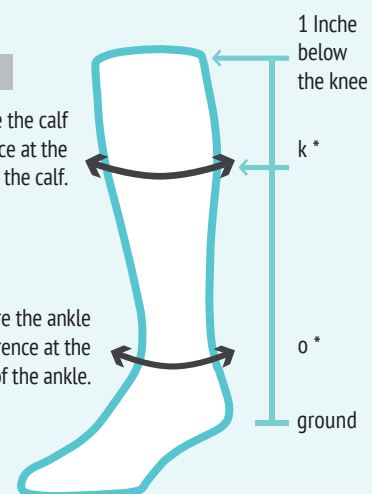
Size chart follows the manufacturer's suggested guidelines and can vary from one person to another depending on his/her shape.

<LONG VERSION> : knee to floor lengths, from 16 inches and more.

<SHORT VERSION> : knee to floor lengths, from 16 inches and less.

\*Measure the calf circumference at the widest part of the calf.

Measure the ankle circumference at the narrowest part of the ankle.





# The original two-in-one socks are back with a revamped design!

- One Sock – 3 Functions
- Increases Performance
- Speeds up recovery time
- Increases arch support with the help of a single Twist

## TWIST CG800C COMPRESSION SOCKS

*Content*  
85% Polyamide  
15% Elastane

*Calibrated Compression*  
~~20-25 mmHg~~  
**20-25 mmHg** in PERFORMANCE mode  
**20-30 mmHg** in RECOVERY mode



## INDUSTRY-FIRST

**REGULAR PERFORMANCE MODE**

**TWISTED RECOVERY MODE**



The unique design of our Twist Compression Socks enables you to perform and recuperate in one easy twist! Slip on your compression socks and begin your physical activity. Once you are ready to go into recovery mode, slide the top of your sock down to your ankle, twist it outward (180 degree rotation) and pull it back upward. By inverting the compression zones with the color zones, from front to back and vice versa, you will increase the compression between your ankle and your calf by 5 mmHg, thereby helping eliminate toxins and metabolic waste for less aches and fatigue. Achieve better performance and a faster recovery time with the Twist sock!

**Our revamped design has a new “Twist”! We’ve added an extra touch to the arch of the foot for added support: ideal to help correct the pronation or supination of the foot and enhance the posture and efficiency of any foot movement.**

**“Performance” Mode:** The front compression zone on the tibia is tighter, which stabilizes the muscles and reduces unwanted vibrations that cause muscle soreness near the shinbone. The calf is covered with an unrestrained stitched zone which allows the muscle to expand during exercise.

**“Recovery” Mode:** Compression on the calf is at a higher level, eliminating toxins and reducing cramps and recovery time.

INDUSTRY-FIRST



## How to wear your New Compression Crew & Twist Socks

- 1 Slip the first half of your foot into the sock with its heel part on top.
- 2 Twist the sock before the arch of the foot either inward or outward depending on the effect you would like to achieve.
- 3 Make sure to twist your sock fully until the heel of the sock is back to its designated place.



To correct the **PRONATION**  
turn towards the outside



To correct the **SUPINATION**  
turn inwards



**TWIST AT 180°**  
AT THE ARCH AND THE ANKLE

Scan the code to  
access our videos  
on our EC3D  
compression socks





# CREW TWIST CG803D

## COMPRESSION SOCKS



Content  
85% Polyamide  
15% Elastane

Calibrated Compression  
**20-25 mmHg**



A new length has been added to our collection for more possibilities! This new and unique arch sock will enhance your posture and help correct light foot deviations (supination or pronation). Feel an extra support to the arch and improved foot proprioception. Suitable for performance, work or travel.



Enhance blood circulation

Increases arch support with the help of a single Twist

Padded heel and toe

Great for travelling

# STRIKER ANKLE CG905A

## COMPRESSION SOCKS

Sold separately from the striker compression combo - COM9002

**NEW**

- Decreases recovery time
- Decreases aches and pains
- Arch support
- Padded heel



Designed specifically to support the arch of the foot and stimulate the first blood pump to help reduce inflammation of the feet. Ideal to help correct the pronation or supination of the foot, to improve the posture and effectiveness of any foot movement.

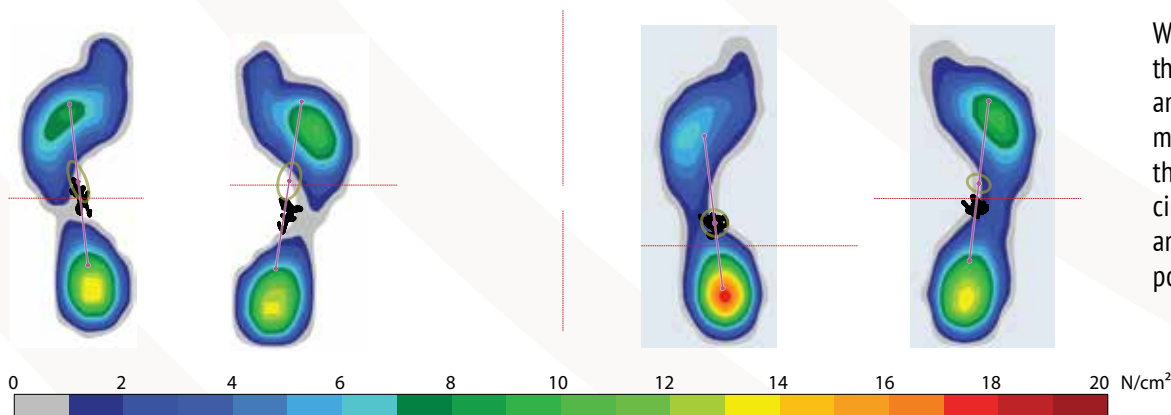
Content  
85% Polyamide  
15% Elastane

Calibrated Compression  
**20-25 mmHg**

WITHOUT THE TWIST SOCK

Stance, average pressure

WITH THE TWIST SOCK



We can observe on this static test that the pressure is better distributed and that the black circle in the middle of the foot, which represents the balance, is more controlled or circumscribed when wearing the ankle twist sock (in the twisted position).

# BHOT MERINO WOOL COLLECTION

## GREATER PERFORMANCE, ACTIVE RECUPERATION



BHot - A compression garment with Merino wool! Our polyester fibre wicks moisture and Merino wool blend keeps you warm and dry - the best of both worlds! Wear BHot garments under your winter gear and experience all the benefits of compression in a base layer that insulates you from the cold; Perfect for all your winter sports.

- Enhances blood circulation
- Reduces muscles oscillation
- Reduces soreness and inflammation
- Better muscle alignment

## BHOT COMPRESSION SOCKS BH903C

*Content*  
 55% Nylon  
 25% Elastane  
 20% Merino Wool

Calibrated Compression  
**20-25 mmHg**

### COLORS

 **BKRO**  
 Black-Orange-Red

 **BKPW**  
 Black-White-Pink

### BHOT COMPRESSION ANKLE SOCKS BH903B



### BHOT COMPRESSION CREW SOCKS BH903D



# UNIVERSAL CG802C COMPRESSION SOCK



Combines the key features available in all of our compression socks into a single, solid color. Plain and simple. Suitable for those who want performance for work, play, and even travel.

*Content*  
85% Polyamide  
15% Elastane

**Calibrated Compression**  
**20-25 mmHg**



BLW



BK



BR



Enhances blood circulation

Reduction of periostitis

Relief of plantar fascia pain

Supporting and compression strained muscles

# PERFORMANCE OR901C COMPRESSION SOCK

Enhances blood circulation

Reduction of periostitis

Relief of plantar fascia pain

Supporting and compression strained muscles

*Content*  
85% Polyamide  
15% Elastane

**Calibrated Compression**  
**20-25 mmHg**

We have added a thicker weave along the tibia and the Achilles tendon to provide extra support and stabilization to the muscles in order to help prevent periostitis (shin splints) or Achilles tendon pain. Specifically designed to enhance proprioception and reduce muscle vibrations during physical activities. Extra support to the arch of the foot, supporting its natural curve while helping to reduce pain.



BKB



BKR

## SIZE CHART

SIZES	2	3	4	5
<b>Calf</b>	11-12.5	12.5-14.5	14.5-16.5	16.5-19
For the Striker Ankle Sock - CG905A ; Crew Twist Sock - CG803D ; and Both Compression Ankle sock - BH903B				
<b>N MEN</b> US [shoe size]	6-7	7-9	9.5-11.5	12+
<b>P WOMEN</b> US [shoe size]	6-8	8-10	10-12	13+

# SPORTSMED

## COMPRESSION ELBOW SUPPORT

3D970

Compresses and supports the muscles and tendons surrounding the elbow. Decreases elbow pain and is perfect for stabilizing muscles during impact. Ideal for racket sports, ball sports, and weight lifting.



<i>Content</i>	Calibrated Compression
<b>70% Polyester</b>	<b>10 mmHg</b>
<b>30% Elastane</b>	<i>Size</i> XS - XL
<i>Color</i>	Black Magic with Citrus Logo (MBK)

## COMPRESSION KNEE SLEEVE

3D955

Supports the tendons and ligaments of the ankle as well as the arch of the foot. Ideal for reducing inflammation and pain following a sprain, strain, or any injuries associated to the ankle. Must be worn during and after physical activities.  
\*\* Not strong enough to replace ankle brace



<i>Content</i>	Calibrated Compression
<b>70% Polyester</b>	<b>10 mmHg</b>
<b>30% Elastane</b>	<i>Size</i> XS - XL
<i>Color</i>	Black Magic with Citrus Logo (MBK)

## COMPRESSION KNEE SLEEVE

3D941

Our knee sleeve has varying compression zones to provide stabilizing support to the patella with a reduced compression zone directly on the patella for comfort. Greater flexibility of movement. Made with the same material as our compression garments, the EC3D knee sleeve retains less moisture than traditional neoprene knee sleeves.



<i>Content</i>	Calibrated Compression
<b>70% Polyester</b>	<b>10 mmHg</b>
<b>30% Elastane</b>	<i>Size</i> XS - XL
<i>Color</i>	Black Magic with Citrus Logo (MBK)



The Sports Med accessories collection helps reduce pain associated with injury and stabilizes the muscles and tendons during physical activity. Keeps muscles aligned and firmly supported. Wicks moisture. More comfortable than traditional neoprene accessories.

## COMPRESSION WRIST SUPPORT

3D985

Ideal for racket sports, ball sports and weight lifting. Our compression wrist support reduces wrist pain and inflammation associated with injury. Wear during and after physical activity to increase its effectiveness.

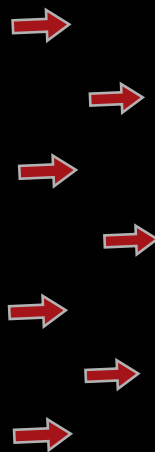


<i>Content</i>	Calibrated Compression
<b>70% Polyester</b>	<b>10 mmHg</b>
<b>30% Elastane</b>	<i>Size</i> S - XL
<i>Color</i>	Black Magic with Citrus Logo (MBK)

\*If you have any health problems, we recommend that you consult a physician before using our products.

**RELIEVES PAIN AND TENSION**  
**FOR ANKLE, KNEE, ELBOW AND WRIST JOINTS**

**INFUSED**  
**WITH NATURAL**  
**INGREDIENTS**



**LIGAMENTS - TENDONS - SPRAINS - ARTHRITIS - CHRONIC PAIN**

**Comfortable - Breathable - Flexible**

**NEW!**

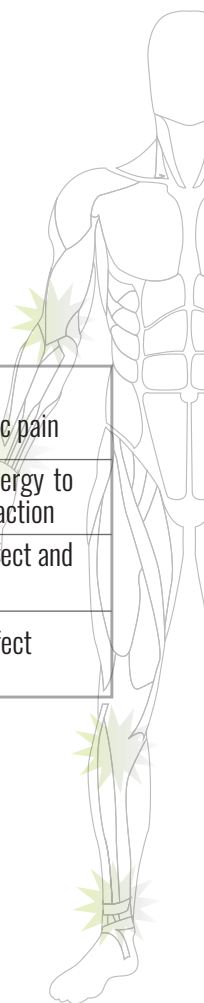
**KNEE - WRIST**  
**ANKLE - ELBOW**

CompressionMed+ is a new line of compression garments that promote the fusion of muscle recuperation with Dermotex® technology. This combination allows for several efficient and natural ingredients such as Creatine, Glucosamine, Arnica and Boswellin to be directly incorporated into the sleeve lining for deep penetration and localized effect. relieving joint and muscle pain

The ingredients found in our sleeves are known for their healing effects on inflammation and pain. Their benefits will play a major role in your recovery whether you suffer from chronic pain, arthritic pain or injuries.

<b>GLUCOSAMINE</b>	Known to alleviate joint and arthritic pain
<b>CREATINE</b>	Known for its role in supplying energy to muscular cells and in muscle contraction
<b>ARNICA</b>	Known for its anti-inflammatory effect and for relieving joint and muscle pain
<b>BOSWELLIN®</b>	Known for its anti-inflammatory effect

AVAILABLE FOR : **KNEE - WRIST - ANKLE - ELBOW**





## MEDICATED COMPRESSION ELBOW SUPPORT

### MD970

Compresses and supports the muscles and tendons surrounding the elbow. Decreases elbow pain and soothes muscle stiffness.

<i>Content</i>	Calibrated Compression
<b>70% Polyester</b>	<b>10 mmHg</b>
<b>30% Elastane</b>	<i>Size</i> XS - XL
<i>Color</i>	<b>Black Magic with Red Logo (MBK)</b>



## MEDICATED COMPRESSION WRIST SUPPORT

### MD985

Our compression wrist support reduces wrist pain and inflammation associated with tendonitis and other wrist injuries. Use to relieve soreness, stiffness and chronic pain.

<i>Content</i>	Calibrated Compression
<b>70% Polyester</b>	<b>10 mmHg</b>
<b>30% Elastane</b>	<i>Size</i> S - XL
<i>Color</i>	<b>Black Magic with Red Logo (MBK)</b>



## MEDICATED COMPRESSION KNEE SLEEVE

### MD941

Our knee sleeve has targeted compression zones to provide stabilizing support to the patella with a reduced compression zone directly on the patella for comfort. Equally infused with natural ingredients to alleviate chronic pain.

<i>Content</i>	Calibrated Compression
<b>70% Polyester</b>	<b>10 mmHg</b>
<b>30% Elastane</b>	<i>Size</i> XS - XL
<i>Color</i>	<b>Black Magic with Red Logo (MBK)</b>



## MEDICATED COMPRESSION ANKLE SUPPORT

### MD955

Supports the tendons and ligaments of the ankle as well as the arch of the foot. Ideal for reducing inflammation and pain following a sprain, strain, or any injuries associated to the ankle.

<i>Content</i>	Calibrated Compression
<b>70% Polyester</b>	<b>10 mmHg</b>
<b>30% Elastane</b>	<i>Size</i> XS - XL
<i>Color</i>	<b>Black Magic with Red Logo (MBK)</b>

We have pushed the limits of our SportsMed products further by imprinting the inside of our compression sleeves with a mixture of natural products and applying compression to sensitive joint areas of the body. Pain and inflammation are thereby reduced by penetrating natural products locally. This is our unique way of improving our products and helping those with an active lifestyle to relieve pain in a comfortable and effective manner.